

Printable resource

7-Day Puppy Redirect Checklist

A printable plan for redirecting common puppy mouthing into toys and ending play before overtired biting escalates.

Audience: For common low-risk puppy mouthing, not bites that break skin or guarding signals around toys.

Safety boundary: Get help if bites break skin, growling appears around handling or toys, or the puppy cannot calm down.

Online guide

Open the online page for related guide links and current site notes:

<https://doggamefinder.com/resources/puppy-redirect-checklist/>

Checklist

Day 1

Place two safe toys in every play area before the biting starts.

Day 2

Redirect before teeth land. Move the toy, not your hands.

Day 3

End play one minute earlier than usual and offer a calm chew break.

Day 4

Track the worst time of day and check whether the puppy needs sleep.

Day 5

Practice one toy trade with a better reward. Do not force the item away.

Day 6

Ask children or guests to follow one simple play rule.

Day 7

Repeat the easiest setup and decide whether you need hands-on help.

Daily notes

Field	Notes
Time biting starts	
Toy used	
Puppy response	
Sleep or calm break	
What to change tomorrow	

Use the notes to spot patterns and decide whether to make the setup easier, stop earlier, or ask for qualified in-person help.